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Editorial Retraction

Retraction: Comparison of Cardio-Pulmonary Responses to Forward and Backward Walking and Running

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It has been determined that most parts of the body, tables, figures, and references of the paper published in May 2009 edition of the *African Journal of Biomedical Research* (2009;12(2):95-101) were copied verbatim from a 1994 edition of another journal *Medicine & Science in Sports & Exercise* [1994;26(1):89-94] published by the American College of Sports Medicine.

As this is a direct violation of copyright, plagiarism, and ethical norms, we therefore wish to retract this paper from the published archive of the African Journal of Biomedical Research. The authors of the paper were duly communicated on this decision. We apologise to the peer reviewers of this paper on the valuable time spent in reviewing the said article. The understanding shown by the Managing Editor of *Medicine & Science in Sports & Exercise* is highly appreciated.
