Production of TNF-α, nitric oxide and hydrogen peroxide by macrophages from mice with paracoccidioidomycosis that were fed a linseed oil-enriched diet

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Omega-3 polyunsaturated fatty acids (n-3 PUFA) can modulate the immune system and their primary effect is on macrophage function. Paracoccidioidomycosis (PCM) is an endemic systemic mycosis in Latin America that is caused by the dimorphic fungus Paracoccidioides brasiliensis (Pb). Macrophages are the main defence against this pathogen and have microbicidal activity that is dependent on interferon- γ and tumour necrosis factor (TNF)- α . These cytokines stimulate the synthesis of nitric oxide (NO) and hydrogen peroxide (H_2O_2), leading to the death of the fungus. To study the effect of n-3 PUFA on the host immune response during experimental PCM, macrophages that were obtained from animals infected with Pb18 and fed a diet enriched by linseed (LIN) oil were cultured and challenged with the fungus in vitro. The macrophage function was analysed based on the concentrations of TNF- α , NO and H_2O_2 . LIN oil seems to influence the production of TNF- α during the development of disease. A diet enriched with LIN oil influences the microbicidal activity of the macrophages by inducing the production of cytokines and metabolites such as NO and H_2O_2 , predominantly in the chronic phase of infection.

Key words: macrophages - Paracoccidioides brasiliensis - cytokines - n-3 polyunsaturated fatty acids

Currently, there is great interest in studying the effect that polyunsaturated fatty acids (PUFAs) have on the immune system, especially with respect to their effect on macrophage function (Hubbard et al. 1994, Sierra et al. 2004). The primary area of interest is related to omega (n)-6 and n-3 PUFA, including linoleic acid (LA) and alpha LA (ALA). These fatty acids are essential and must be ingested in the diet (Harbige 2003). Once ingested, they are converted into arachidonic acid (AA), eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). LA is found in soybean, maize, sunflower and nut oils. The primary dietary source of n-3 PUFA is deep cold-water fish, such as salmon, mackerel and sardines. However, linseed (LIN) is an important vegetable source of n-3 PUFA. LIN contains between 44.6-51.6% ALA (Chen et al. 2006).

The main role of AA is to act as a substrate in the synthesis of eicosanoid, which plays a role in the duration and intensity of the inflammatory response (Calder 2008). AA is a precursor of prostaglandin E_2 (PGE₂) and thromboxane A_2 and is metabolised by cyclooxygenase. AA is also a precursor of leukotriene (LTB)4, which is formed via a reaction catalysed by lipooxygenase. All of the products that are enzymatically derived from AA

are important in the inflammatory immune response. *n*-3 PUFA are important because they reduce the synthesis of the downstream products of AA metabolism (Calder 2006). An increase in the consumption of ALA results in an increase in the levels of EPA and DHA cell membrane phospholipids, thus increasing the synthesis of anti-inflammatory eicosanoids such as PGE, and LTB5. This increased synthesis of eicosanoids results in a decrease in the level of incorporation of AA (Calder 2007). It has been previously demonstrated that a diet rich in n-3 PUFA can modulate the immune system and can have an effect on macrophage function and the production of cytokines, such as tumour necrosis factor- α (TNF- α) and interleukin (IL)-1 (Calder 2007). Paracoccidioidomycosis (PCM) is a human systemic mycosis caused by the dimorphic fungus Paracoccidioides brasiliensis (Pb) (Ramos & Saraiva 2008). Pb infection occurs through the inhalation of conidia, which then transform in the lungs into an infectious, pathogenic fungus (Moreira et al. 2008, Lopes et al. 2009). The clinical presentation of PCM varies from a local, benign infection to a lethal systemic infection, depending on the level of cellular immunity.

Host-fungus interactions are complex and dynamic. After the host cell is invaded, many immunological mechanisms are triggered to combat the replication of the fungus. One of the control mechanisms that has been reported in the literature is based on the function of macrophages, which are the first line of defence against fungal infection (Gonzalez et al. 2000). However, the microbicidal function of macrophages is dependent on immune activation mediated by interferon- γ (IFN- γ) (Soares et al. 2001).

Financial support: Immunogenetics Laboratory/UEM + Corresponding author: jelvisentainer@gmail.com Received 16 February 2011
Accepted 1 February 2012

IFN- γ stimulates macrophages to produce TNF- α and nitric oxide (NO), the primary effectors that inhibit fungal replication. Macrophages also produce hydrogen peroxide (H₂O₂), which is an important fungicidal agent (Souto et al. 2000).

NO, synthesised by the oxidation of guanidine nitrogen by arginine and by induced NO synthesis (iNOS) (Nascimento et al. 2002), is vital for killing intracellular fungi. The stimulation of iNOS depends on a balance of cytokines that are involved in the immunological response, such as T helper (Th)1, IFN- γ and TNF- α , together with products released by the fungus. The variations observed in the immune response during PCM are dependent on the level of fungal suppression mediated by macrophages. There is little modulation of Th-1 type cytokines during the immune response to acute phase disease and Th-2 type cytokines are predominantly expressed during this phase, leading to the activation and differentiation of B lymphocytes into plasma cells and an increase in the levels of immunoglobulins, IL-4, IL-5 and IL-10. However, during chronic and disseminated PCM, there are high levels of TNF-α, IL-1 and IL-6 and a normal level of IL-4 (Sadahiro et al. 2007, Bernard 2008, Ramos & Saraiva 2008).

The aim of this study was to evaluate the production of TNF- α , NO and H_2O_2 by macrophages and to determine the influence that these metabolites have on the elimination of Pb. The influence of these metabolites on the elimination of Pb was determined by counting the colony-forming units (CFUs) in a culture of peritoneal macrophages that were obtained from mice that were previously infected with the fungus and were fed a diet enriched with LIN oil, which is a source of n-3.

SUBJECTS, MATERIALS AND METHODS

Experimental design - To evaluate the role of n-3 PUFA in PCM, two groups of 60 animals were intravenously inoculated with 0.1 mL of a fungal suspension containing 1 x 10⁶ Pb18 cells. The animals were fed a diet of feed enriched with LIN oil, which is a source of n-3 PUFA (ILin) or with commercial feed (ICom). Two other groups of 30 uninfected animals were fed a diet of feed enriched with LIN oil (UILin) or commercial feed (UICom). At weeks 1, 2, 4, 6 and 8, peritoneal macrophages that were obtained from six animals in each group (UICom, ICom, UILin and ILin) were cultured and challenged with Pb18 infection in vitro. The levels of TNF- α and NO in the culture supernatant, the amount of H₂O₂ produced by the cultured macrophages and the recovery of viable fungi after co-culture were evaluated. Experiments were performed in duplicate. This study was approved by and conducted in accordance with the recommendations given by the Ethical Committee for Animal Research of the State University of Maringá (UEM).

Animals - Four-week-old male Swiss mice that had an average weight of 40 g were provided by the central animal house of the UEM. During the experiments, the animals were housed in standard cages in the Basic Health Sciences Department under standard environmental conditions, i.e., room temperature (RT) (23-24°C) and a 12 h dark/12 h light cycle. Food and water were available ad libitum.

Diet - The formulated diets that were used in the experiments were composed of ingredients that are commonly used in the preparation of conventional diets (Table I). Three percent LIN oil was used in the enriched (normocaloric) diet. The moisture, total lipid content and fatty acid composition of the total lipids were monitored in the freshly prepared diets (Table II).

Experimental infection - The Pb18 isolate was cultured as a yeast on sterile Fava Netto medium (0.3% protease peptone, 1% peptone, 0.5% meat extract, 0.5% yeast extract, 4% dextrose, 0.5% NaCl, 1.6% agar and distilled water q.s.p.) (Fava Netto et al. 1969) for seven days at 35°C. This culture was used as the source of fungus for the in vivo infection and the in vitro macrophage challenge. The

TABLE I
Percentage composition of the diet enriched with linseed oil

| Content | Mass (%) |
|---|----------|
| Corn | 45 |
| Soybean | 37.4 |
| Wheat | 6.9 |
| Linseed oil | 3 |
| Phosphate dicalcium | 2.5 |
| Calcium | 0.3 |
| Salt | 0.3 |
| Premix (vitamin + mineral) ^a | 4.5 |

a: Rovimix Roche [composition: vitamin A (500,000 UI); vitamin D₃ (200,000 UI); vitamin E (5 g); vitamin K3 (1 g); vitamin B1 (1.5 g); vitamin B₂ (1.5 g); B₆ (1.5 g); B₁₂ (4 g); vitamin C (15 g); folic acid (500 mg); pantothenic acid (4 g); BHT (17.5 g); biotin (50 mg); colin (40 mg); copper (500 mg); cobalt (10 mg); iron (5 g); inositol (10 g); iodine (50mg); manganese (1.5 g); nicotinamide (7 g); selenium (10 mg); zinc (5 g) and vehicle q.s.p.].

TABLE II

Average levels of lipids, moisture and fatty acid composition (percentage of relative area) of commercial feed and the diet enriched with linseed oil

| | Commercial feed | Diet enriched with linseed oil |
|--------------------------------------|--------------------------------------|---------------------------------------|
| Total lipids (%) | 6.95 ± 0.71 | 7.50 ± 0.68 |
| Moisture (%) | 9.54 ± 0.88 | 9.80 ± 0.95 |
| Fatty acid (%) | | |
| Linoleic acid Alpha linoleic acid | 50.22 ± 0.56^a 3.78 ± 0.05^a | 34.58 ± 0.01^b 26.88 ± 0.12^b |

a, *b*: means followed by different letters in the same row are significantly different according to the Tukey test at 5% probability. Means with standard deviations analysis on four replicates. The results are expressed as percentages of relative area.

ICom and ILin groups of animals were intravenously inoculated via the lateral caudal vein with 1x10⁶ viable Pb18 cells in 0.1 mL of sterile phosphate buffered saline.

Peritoneal macrophage isolation and culture - The animals were sacrificed by cervical displacement under anaesthesia [5 mg/kg of Rompun® (2-(2.6-xylidine)-5.6 dihydro-4H-1.3-thiazine hydrochloride) and 50 mg/kg of Ketamine® (ketamine chloride) at a ratio of 1:1]. Subsequently, the mice were placed inside a laminar flux chamber and fixed in the decubitus position for dissection. To obtain the peritoneal washings, the abdomen was swabbed with 70% alcohol, the mid part of abdominal skin was secured using rat-tooth forceps and 3 mL of cold RPMI-1640 medium (Sigma Chemical, USA) supplemented with 3.2 g HEPES, 2 g sodium bicarbonate and 40 µg/mL gentamicin was injected into the peritoneum. Following massage, a sterile Pasteur pipette was used to collect the peritoneal washings and the washings were placed in an ice bath. After staining with crystal violet dye, the peritoneal cells were counted in a Neubauer chamber and the concentration was adjusted to 2 x 10⁷ mononuclear cells per millilitre. One hundred microlitres of the cellular suspension was incubated for 2 h in 5% CO₂ at 37°C in a 96-well microculture plate. Subsequently, non-adherent cells were removed by washing and 200 µL of RPMI-1640 containing 10% foetal calf serum (FCS) (Gibco - Invitrogen) was added to the cellular mixture. The cellular suspension was then incubated for 24 h in 5% CO₂ at 37°C.

Macrophage fungicide activity - Macrophages obtained from the ICom and ILin groups and from the UICom and UILin groups were challenged in vitro with a fungal suspension at a concentration of 1 x 10⁵ yeast/ well (diluted in RPMI-1640 medium with 10% FCS). A culture containing only the fungus was used as a control. After 18 h of incubation at 37°C in 5% CO₂, the culture supernatants were collected and the wells were washed four times with 250 µL of sterile distilled water to lyse the macrophages and release the intracellular fungus. One hundred-microlitre aliquots of these suspensions were placed in Petri dishes and were cultured in duplicate with sterile BHI-A medium supplemented with 4% normal horse serum, 5% growth factor (culture filtrate of different Pb isolates) and 1% gentamicin. The plates were incubated at 37°C and the number of colonies was counted after seven days. The number of CFUs was calculated as the average of the duplicate colony counts.

TNF- α concentration - The concentration of TNF- α was evaluated in the cell supernatant aliquots using an immunoenzymatic assay (ELISA) with matching antibody pairs (R&D System, Minneapolis, USA). This assay was performed according to the manufacturer's instructions with slight modifications. Briefly, 96-well microplates (Nunc MaxiSorp, Apogent, USA) were coated with anticytokine monoclonal antibodies by incubation for 18 h at 4°C. The plates were subsequently washed three times with PBS-Tween 20, followed by treatment with a solution of non-fat dry milk dissolved in PBS. The plates were then incubated for 2 h at 4°C to block non-specific binding. The plates were washed again and then the cul-

ture supernatant samples were added. The plates were then incubated for 4 h at 4°C. Polyclonal anti-cytokine biotinylated antibodies were used to detect reactive antibodies. Finally, the plates were incubated for 1 h at 4°C with a streptavidin-horseradish peroxidase solution diluted in PBS and bovine serum albumin (1:200). The reaction was developed by treating with the TMB Single Solution (Zymed) substrate for 40 min at RT. The enzymatic reaction was stopped with 50 μL of 2 N H₂SO₄. The ELISA results were read at 550 nm in a microplate reader (ASYS). The cytokine concentration was determined by comparing the results with a standard curve obtained using a recombinant murine cytokine (R&D System, Minneapolis, USA). All analyses were performed in duplicate and the results are expressed in pg/mL.

NO concentration - The NO concentrations in the supernatants of the macrophage cultures were measured using a colorimetric assay method based on the Griess reaction as described by Nascimento et al. (2002). Briefly, 50 μ L of culture supernatant was incubated with Griess reagent (1% sulphanilamide, 0.1% N-1-naphthyl-enediamine dihydrochloride and 2.5% H₃PO₄) in 96-well microplates for 10 min at RT. Light absorption was determined at 550 nm in a microplate reader (ASYS). The NO concentrations were determined by comparing the results with the standard curve generated for sodium nitrite diluted in RPMI-1640. All analyses were performed in quadruplicate and the results are expressed in mM/mL.

 H_2O_2 - After the macrophages were cultured, 100 μL of phenol red buffer containing peroxidase (Sigma Chemical, USA) was added to the cell supernatant of each well. The plates were incubated at 37°C for 1 h in a humidified chamber. The reaction was then stopped by the addition of 10 μL of 1 M NaOH. The concentration of H_2O_2 was determined based on the standard curve for H_2O_2 . The absorbance at 620 nm was determined using a microplate reader (ASYS). All analyses were performed in quadruplicate and the results are expressed in nmol/106 cells.

Statistical analysis - The results were analysed using the Kruskal-Wallis non-parametric test for independent samples. Multiple comparisons were performed using the Dunn test when the differences between the medians were significant. Comparisons between groups were performed using the t-test. All statistical analyses were carried out using the SigmaStat 2.0 statistics software program. The level of significance was set to a p < 0.05.

RESULTS

n-3 PUFA did not influence the production of TNF-α in any of the four treatment groups (UICom, ICom, UI-Lin and ILin) during the first week. However, during the second week, there was a significant decrease in the production of TNF-α by macrophages from infected animals in the ILin group that were challenged with Pb18 in vitro relative to the TNF-α production by macrophages from the UILin group (p = 0.05). Also during the second week, there was a significant increase in the synthesis of TNF-α by macrophages from UILin group and challenged with Pb18 in vitro relative to the level of synthesis of TNF-α by

macrophages that were obtained from the UICom group (p=0.029). The production of TNF- α in the UILin group was significantly higher in the fourth week than the production of TNF- α by the UICom group (p=0.03). However, there was no significant difference in the production of TNF- α during the sixth week. During the eighth week, the production of TNF- α by macrophages was significantly lower in the ICom and ILin groups than in the UICom and UILin grops (p=0.026) (Fig. 1).

The NO levels did not change during the first and second weeks of observation, but an increase was observed during the fourth week when the ILin and ICom groups were compared (p=0.056). During the sixth week, there was no significant difference between the ILin and UILin groups. However, there was a significant decrease in the synthesis of NO in the ILin and UILin groups relative to that in the ICom group (p=0.013). This difference was also observed during the eighth week, but was no longer significant (Fig. 2).

UICom and ICom groups (p = 0.018). This decrease was also observed when the UICom and UILin groups were compared (p = 0.001). However, the H_2O_2 levels were not significantly different at other time points (Fig. 3).

There was no significant difference in the number of CFUs between the groups during the first week of observation. During the second week, although not statistically significant, there was a decrease in the number of CFUs in the co-cultures of macrophages that were obtained from the UILin and ILin groups relative to number of CFUs for

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H₂O₂ by macrophages obtained from the ILin and UI-Lin groups relative to the level of H₂O₂ synthesis in the

vation. During the second week, although not statistically significant, there was a decrease in the number of CFUs in the co-cultures of macrophages that were obtained from the UILin and ILin groups relative to number of CFUs for the UICom and ICom groups. During the fourth week, the number of CFUs for the ILin group was significantly lower than that observed for the ICom group (p = 0.049), but there was no significant difference between the ILin and UILin groups. During the sixth week, all groups had similar CFU levels. During the eighth week, a significant

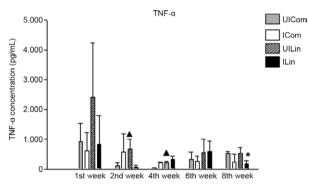


Fig. 1: tumour necrosis factor- α (TNF- α) production. ICom: group of animals that were fed a diet of commercial feed; ILin: group of animals that were fed a diet of feed enriched with linseed (LIN) oil; UI-Com: group of uninfected animals that were fed a diet of commercial feed; UILin: group of uninfected animals that were fed a diet enriched with LIN oil; *: p < 0.05 vs. UILin; \triangle : p < 0.05 vs. UICom.

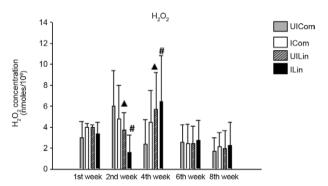


Fig. 3: hydrogen peroxide production (H_2O_2). ICom: group of animals that were fed a diet of commercial feed; ILin: group of animals that were fed a diet of feed enriched with linseed (LIN) oil; UICom: group of uninfected animals that were fed a diet of commercial feed; UILin: group of uninfected animals that were fed a diet enriched with LIN oil; #: p < 0.05 vs. ICom; Δ : p < 0.05 vs. UICom.

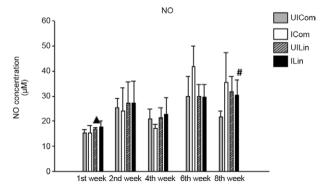


Fig. 2: nitric oxide (NO) production. ICom: group of animals that were fed a diet of commercial feed; ILin: group of animals that were fed a diet of feed enriched with linseed (LIN) oil; UICom: group of uninfected animals that were fed a diet of commercial feed; UILin: group of uninfected animals that were fed a diet enriched with LIN oil; #: p < 0.05 vs. ICom; \blacktriangle : p < 0.05 vs. UICom.

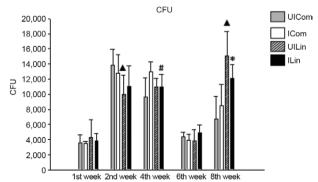


Fig. 4: colony-forming units (CFU). ICom: group of animals that were fed a diet of commercial feed; ILin: group of animals that were fed a diet of feed enriched with linseed (LIN) oil; UICom: group of uninfected animals that were fed a diet of commercial feed; UILin: group of uninfected animals that were fed a diet enriched with LIN oil; #: p < 0.05 vs. ICom; #: p < 0.05 vs. UICom.

increase in the number of CFUs was observed in the cocultures of macrophages from the UILin and ILin groups relative to the number of CFUs for the UICom and ICom groups (p=0.041). However, when the UILin and ILin groups were compared, there was a significant decrease in the number of CFUs in the co-cultures of macrophages from the ILin group (p=0.02) (Fig. 4). In the control cultures that contained the fungus alone, a CFU count above 16,000 was observed, indicating that the culture conditions were suitable for the survival of the fungus.

DISCUSSION

This study investigated the effect of LIN oil, a source of n-3 PUFAs (α -linolenic), on macrophage function during experimental infection with Pb. In recent years, n-3 PUFA has attracted a great deal of interest because they have been demonstrated to modulate the immune system, predominantly with respect to macrophage cytolytic activity during eicosanoid production and TNF- α synthesis (Hubbard et al. 1994).

The production of cytokines by macrophages is regulated by eicosanoids that are derived from AA. Because *n*-3 PUFA-rich diets can affect the production of these eicosanoids, it is expected that these fatty acids can directly affect cytokine production (Calder 1996, 2002).

Our results indicated that during the second week, the TNF- α levels were significantly lower for macrophages that were obtained from ILin group. This result suggests that n-3 PUFA may affect the action of macrophages in vivo, thus inhibiting their response when challenged with Pb in vitro. This effect seems to be associated with Pb infection because there was a significant difference in the production of TNF-α between macrophages from ICom group and macrophages from UILin group that were fed a diet that was enriched with LIN oil. Our results indicate that the level of TNF- α was greater in macrophages that were obtained from UICom group than in macrophages that were obtained from animals from the ICom and UI-Lin groups. This suggested that the fungus and LIN oil may both stimulate the synthesis of TNF-α. However, significantly lower levels of TNF-α were observed in the ICom and UILin groups relative to the level in the ILin group. Again, these data suggest that n-3 PUFA modulated the function of macrophages in vivo by inhibiting their response when challenged with Pb in culture.

It is well established that phagocytes are inhibited by inflammatory mediators such as PGE₂. LTB4 can also stimulate both neutrophil chemotaxis and the synthesis of inflammatory cytokines by macrophages. PGE, and LTB4 are synthesised from AA, which is an enzymatic product of n-6 PUFA. Enzymatically, n-3 PUFA are used to produce series-3 prostanoids, such as PGE, and series-5 LTBs. These eicosanoids have a lower inflammatory potency than PGE₂. PGE₃ is a strong inhibitor of the synthesis of cytokines, such as IFN- γ and TNF- α , and PGE synthesis may decrease when n-3 PUFA are available. Stimulation by the fungus may have a greater effect, thereby increasing PGE, levels, and could explain the significantly lower synthesis of TNF- α by macrophages that were obtained from ILin group relative the level of synthesis by macrophages from the UILin and ICom groups. Recovery occurs during chronic infections due to the stabilisation of the host immune response. It is known that high TNF- α levels are detrimental to the host and high TNF- α levels have been implicated in many pathological situations that, instead of favouring a response against the fungus, may impair the host defence mechanisms against a fungal pathogen.

Our results demonstrated that during the eighth week, when the chronic infection was established, the TNF- α level decreased along with decreases in NO synthesis. As demonstrated by the increase in the number of CFUs, these changes resulted in a lower capability of the macrophages from the ILin group to eliminate the fungus compared with macrophages from the ICom group. This result indicates that there was no relationship between infection and n-3 PUFA in the diet.

There are no studies that report an increase in n-3 PUFA levels and an increase in TNF-α, IL-1 or IL-6 production in response to stimulation with lipopolysaccharide ex vivo. However, a substantial number of studies have observed a decrease in the production of one or more inflammatory cytokines (Sijben & Calder 2007). In the aforementioned study, LIN oil, which contains approximately 56% ALA, was added to the diet of male volunteers. After four weeks, an increase in the incorporation of EPA by leukocytes was observed and the production of TNF-α and IL-1 was suppressed by approximately 30% (Caughey et al. 1996). Thus, n-3 PUFA in the diet can suppress TNF-α and IL-1 production (James et al. 2000). The ingestion of fish oil that is rich in EPA and DHA also inhibited the production of TNF-α and IL-1 by murine macrophages (Calder 2007).

The mechanism responsible for the suppression of the production of these cytokines by *n*-3 PUFA is unknown, but the eicosanoid that is synthesised from AA may be involved (Sijben & Calder 2007).

Thus, n-3 PUFA act by decreasing the levels of TNF- α and IL-1 produced by macrophages. These data suggest that the anti-inflammatory effect of n-3 PUFA is mediated by the modulation of these cytokines (Wallace et al. 2001, Sierra et al. 2004, Zhang et al. 2005).

NO production by macrophages in response to stimulation with IFN- γ and TNF- α is an important immune mechanism to combat fungal infection. Although the difference was not statistically significant during the fourth week, the production of these cytokines was higher in the ILin group. These levels remained high until the eighth week, suggesting that n-3 PUFA can interfere with the synthesis of NO because eicosanoids can regulate the enzymes that are involved in the production of NO (Pompéia et al. 2000).

In the chronic stage of infection, an increase in NO production suggests that the host is attempting to defend itself against the fungal infection. When the animals were fed a diet that was supplemented with LIN oil, NO synthesis was lower, but still above the baseline levels that were observed in animals in the UICom group and the NO concentration remained high until the eighth week. Thus, these data suggest that these levels may have been influenced by *n*-3 PUFA, but to a lesser extent than the effect on TNF-α production.

Our results indicate that there was a decrease in the synthesis of H₂O₂ in the ILin and UILin groups during

the second week and this difference was significant during the fourth week of observation.

 $\rm H_2O_2$ has been suggested to not be important for the elimination of Pb (Bordon et al. 2007). However, this metabolite was evaluated as an indicator of the activation of peritoneal macrophages. As indicated by an increase in $\rm H_2O_2$, Pb infection, together with n-3 PUFA, seemed to stimulate peritoneal macrophages. It is possible that n-3 PUFA had an effect on the production of $\rm H_2O_2$ because the enzymes involved in the secretion of $\rm H_2O_2$ are influenced by n-3 PUFA (Pompéia et al. 2000).

These studies suggest that *n*-3 PUFA may increase the expression of iNOS in macrophages. The opposite effect has also been reported by some groups who have suggested that the iNOs transcripts and NO production by macrophages may be inhibited by some PUFA (Andrade & Carmo 2006, Sijben & Calder 2007). Similar results have been observed in regard to H₂O₂ production. It has previously been demonstrated that peritoneal macrophages from mice that were fed on a diet supplemented with fish oil over a period of eight weeks produced more H₂O₂ in response to stimulation by a phorbol ester than peritoneal macrophages from mice fed on a diet supplemented with coconut oil (Calder 1996).

These data suggests that lipids in the diet may affect the microbicidal activity of macrophages. Supplementation with EPA and DHA at 6 g/day resulted in a decrease in the production of H_2O_2 by human macrophages (Calder 2008). However, no effect on the production of reactive oxygen species by both neutrophils and monocytes was observed when a low dose of n-3 PUFA was used (Milles et al. 2004).

A diet supplemented with LIN oil, a source of n-3 fatty acid, influenced the microbicidal activity of macrophages because it interfered with the production of TNF- α , NO and H₂O₂, especially during in the acute phase of disease. The mechanisms by which dietary fatty acids alter eicosanoids and the relationship with macrophage microbicidal activity are currently unknown, but this effect may be due to an alteration in the levels of the eicosanoid precursor, AA. New studies using n-3 PUFA during experimental PCM may elucidate how fatty acids can influence the survival of animals during fungal infection.

ACKNOWLEDGEMENTS

To the Laboratory of Microbiology, the Laboratory of Clinical Immunology and the Laboratory of Food Chemistry, Maringá State University.

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