

# Child abuse: perception and knowledge by Public Health Dentistry teams in Brazil

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## Abstract

**Aim:** To evaluate the experience, knowledge and attitudes of dentists and oral health technicians (OHTs) who work in Basic Health Units in the city of Curitiba, PR, Brazil, regarding cases of abuse against children and adolescents. **Methods:** In this observational study, three hundred eighty-three questionnaires (validated for Brazilian Portuguese) were sent to dentists and OHTs who work in public health units. The response rate was 38.12% ( $n = 146$ ) for dentists and 40% ( $n = 77$ ) for OHTs. **Results:** The mean age of the dentists was  $40 \pm 8.29$  years, and 53.43% treated more than 10 children per week. The OHTs' mean age was  $45.39 \pm 9.71$  years, and 62.35% attended to more than 10 children per week. Although the dentists perceived 185 suspected cases of maltreatment, only 35.67% were reported to authorities. In the OHT group, 22.08% were reported to authorities. Sixty-eight dentists (47%) and 11 OHTs (14.28%) reported having treated at least one case of orofacial trauma in the previous 6 months, totalizing 166 orofacial traumas. About the mechanism for reporting suspected cases, 83% of the respondents knew how to report. Over 50% of the responses concerning why the professionals did not report cases of physical violence against children included fear of retaliation and difficulties in diagnosis. **Conclusions:** Suspected cases of maltreatment against children and adolescents are underreported. More information is required to recognize suspected maltreatment cases and notify authorities.

**Keywords:** child abuse; dentists; Public Health Dentistry.

## Introduction

Children and adolescents are adversely affected by maltreatment because of their physical and psychological weakness and reliance on others<sup>1</sup>. According to the Brazilian Ministry of Health<sup>2</sup> 107,572 cases of child abuse were reported in 2011. The Network of Protection for Children and Adolescents at Risk for Violence, an organization associated with the city of Curitiba, PR, Brazil, reported 5,371 suspected cases of child abuse in 2011<sup>3</sup>. Among them, 81.8% characterized as intrafamilial, of which 74.8% were cases of neglect and 12.1% were cases of physical aggression. The age of the children who suffered abuse ranged from 5 to 14 years<sup>3</sup>.

Child abuse is defined as any action or omission that prejudices the physical and psychological wellbeing, freedom and children's right to full development. Child abuse can be classified as physical, sexual or psychological abuse or neglect<sup>1,4-5</sup>. Neglect was reported as the most common type of maltreatment<sup>3,4</sup>. In the United Kingdom 44% of all children were reported in child protection registers<sup>6</sup>. This indicates a failure of parents or guardians to meet the children's basic care

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and needs, including their oral health needs, to enjoy adequate function and freedom from pain and infection<sup>5</sup>. The neglect of children's oral health may include the absence of managing oral hygiene and seeking dental treatment when needed, which can lead to dental caries, pain, poor dental growth and impaired quality of life. This situation should be recognized in dental offices if it is related to the guardian's lack of knowledge or neglect<sup>7</sup>.

Physical aggression can be considered a non-accidental injury inflicted on a child or adolescent by an individual with superior strength or age. The lesions may be multiple types, such as hematomas, burns, lacerations, cuts, bruises, contusions, and abrasions on the body, face, lips and mouth<sup>8</sup>. In the mouth, physical violence can be identified by dental trauma and soft tissue injuries that are not consistent with patient reports<sup>5,7</sup>.

Physical aggression may be identified in the dental office because 50-67% of physical injuries occur in the head, neck, face and mouth<sup>8</sup>. These regions are easily visible to the dentist. According to Cavalcanti<sup>9</sup>, the face accounted for 41% of the lesions, 55.6% of them were in the maxilla and 94.8% were in soft tissues.

In the Brazilian Basic Health Units, public health dentistry teams comprise dentists and oral health technicians (OHTs). These professionals, mainly the dentists, have legal, moral and ethical duty to notify the authorities suspected cases of child abuse, according to the Federal Constitution and Brazilian Statute of the Child and Adolescent<sup>10</sup>.

Previous studies reported the difficulties that dentists have to diagnose, document and report suspected cases of child abuse to authorities, resulting in underreporting the cases of aggression<sup>11-18</sup>. An Australian study evaluated the level of knowledge and attitudes among dental professionals on the important issue of child abuse. The authors observed under-reporting of suspected child abuse cases. Among the specialties, pediatric dentistry was responsible for 75% of the reports<sup>19</sup>. In Denmark, dentists and OHTs from public health dentistry reported more cases of maltreatment than private dental offices and all professionals reported the need for further information and training to recognize and report child abuse<sup>20</sup>. A Brazilian study evaluated the perceptions and attitudes of child abuse in pediatric dentistry and under-reporting was also found. No significant difference was found between the places of work (public and private offices). Over 50% of pediatric dentists provided services at private offices, 25% provided services at public and private offices, 10% provided services at public healthcare offices only, and 10% were university professors<sup>17</sup>.

Child abuse is disturbingly common in today's society<sup>21</sup>. Considering the high proportion of orofacial injuries in victims of child abuse, the public health dentistry team has a strategic position to recognize and report suspected cases. However, the literature lacks data about the knowledge and attitudes of dental teams regarding child abuse. Thus, the aim of the present study was to evaluate the level of knowledge, attitudes and interest of public health dentistry teams (dentists and OHTs) who work in Basic Health Units

in the city of Curitiba, PR, Brazil, regarding cases of abuse against children and adolescents.

## Material and methods

This observational study was conducted after approval by the institutional Ethics Committee (Protocol no. 118/2011).

According to the Regional Dental Council of Paraná, the Basic Health Units of the city of Curitiba had 383 dentists and 194 OHTs in 2012. All these professionals were invited to participate in this study. Russell et al.<sup>22</sup> developed the questionnaire<sup>22</sup>, which was validated for Brazilian Portuguese by Marengo et al.<sup>23</sup>. This questionnaire has four parts. The first part refers to the social and demographic characteristics of the professionals. The second part refers to prior experience with maltreatment (including six yes/no closed-end questions). The third part refers to the healthcare professional's knowledge, diagnoses and attitudes, and includes six questions (one yes/no closed-end question, two questions with answers on a 0-10 scale and three open-ended questions). The fourth part refers to involvement with the subject of child abuse and includes three questions (two closed-end questions and one with answers on a 0-10 scale)<sup>23</sup>.

The questionnaire was sent by internal communication to the dentists and OHTs in an envelope that contained the survey questionnaire, a letter of instruction for filling it and an informed consent form. Responses were anonymous. A deadline was set to complete and return the questionnaire. After this date, an electronic reminder was sent to the participants to increase the response rate.

The  $\chi^2$  and Fischer tests were used to analyze the associations between variables (suspected cases of child abuse, notifications and time since graduation). A significance level of 5% was set for the statistical analyses.

## Results

The initial response rate of the dentists was 33.15% ( $n=127$ ). After the electronic reminder, the response rate increased to 38.12% ( $n=146$ ), among which 78.76% ( $n=115$ ) were female and 21.24% ( $n=31$ ) were male. In the OHT group, the initial response rate was 34% ( $n=67$ ); after the electronic reminder, the response rate increased to 40% ( $n=77$ ), among which 94.80% ( $n=73$ ) were female and 5.20% ( $n=4$ ) were male.

With regard to age, the dentists ranged from 24 to 60 years (mean:  $40 \pm 8.29$  years), with 2-35 years (mean:  $18 \pm 8.15$  years) since graduation. The OHTs' ages ranged from 26 to 63 years (mean:  $45.39 \pm 9.71$  years), with 5-31 years (mean:  $17.55 \pm 6.09$  years) since graduation (Table 1). According to their places of work, 69% of the dentists worked at public offices, and 31% worked at both public and private offices. Most of the dentists (53.43%) treated more than 10 children per week. The OHTs treated from 1 to 20 children per week, and 36.37% ( $n=28$ ) treated 11-20 children per week (Table 2).

**Table 1.** Distribution of respondents according to years since graduation.

Time since graduation (years)	Dentists % (n)	OHTs % (n)
2-10	26.71 (39)	18.18 (14)
11-20	24.67 (36)	45.45 (35)
> 20	44.52 (65)	35.08 (27)
No answer	4.10 (6)	1.29 (1)

**Table 2.** Number of children treated per week.

Number of children treated per week	Dentists % (n)	OHTs % (n)
1-5	10.96 (16)	9.09 (7)
6-10	30.83 (45)	27.27 (21)
11-20	41.79 (61)	36.37 (28)
> 20	11.64 (17)	25.98 (20)
None	4.10 (6)	1.29 (1)
No answer	0.68 (1)	—

No significant association was found between the number of children seen per week and suspected cases of child abuse ( $\chi^2=2.11$ ,  $df=2$ ,  $p>0.10$ ). The number of notifications by dentists was associated with the number of children seen per week ( $p=0.029$ ). For the OHTs, no association was found between the number of children seen and suspected cases of child abuse ( $\chi^2=3.46$ ,  $df=2$ ,  $p=0.17$ ) or the number of notifications ( $\chi^2=0.79$ ,  $df=2$ ,  $p=0.67$ ; Table 3).

For dentists, a significant association was found between the time since graduation and suspected cases of child abuse ( $\chi^2=7.35$ ,  $df=2$ ,  $p<0.03$ ). Most suspected cases of child abuse were found by the group of professionals with over 20 years since graduation ( $\chi^2=6.28$ ,  $df=2$ ,  $p<0.02$ ; Table 3).

For OHTs ( $n=76$ ), no association was found between the time since graduation and suspected cases of child abuse (time since graduation: 10 years,  $p=0.69$ ; 11-20 years,  $p=0.73$ ; >20 years,  $p=0.64$ ). The time since graduation was unrelated to notified cases (time since graduation: 10 years,  $p=0.08$ ; 11-20 years,  $p=0.08$ ; >20 years,  $p=1.00$ ; Table 3).

For prior experience with suspected maltreatment cases against children and adolescents, 52.73% of the dentists ( $n=77$ ) and 46.75% of the OHTs ( $n=36$ ) examined suspected cases among their patients. Although the dentists suspected 185 cases of maltreatment, only 35.67% ( $n=66$ ) were reported to authorities. In the OHT group, 22.08% ( $n=17$ ) notified authorities about suspected cases of child abuse.

Sixty-eight dentists (47%) and 11 OHTs (14.28%) reported having treated at least one case of orofacial trauma in the previous 6 months, totalizing 166 orofacial traumas.

In the self-assessment on a 0-10 scale about their perceived ability to identify the signs and symptoms of child abuse, the medians were six ( $n=146$ ) and seven ( $n=74$ ) for dentists and OHTs, respectively. As to the ability to diagnose physical aggression, the medians were five ( $n=143$ ) for dentists and six ( $n=73$ ) for OHTs. For the professionals who reported that the subject of maltreatment was important, the medians were nine ( $n=144$ ) and eight ( $n=76$ ) for the dentists and OHTs, respectively.

With regard to their understanding of notification mechanisms, 117 dentists (63.83%) and 70 OHTs 90.90% reported that they were able to perform the notifications.

In response to questions about the reasons why child abuse cases were not reported, the most common reasons were fear and threats of retaliation and lack of knowledge in diagnosing, 26.95% of the OHTs and 44.18% of the dentists stated that they did not report such cases because of fear and threats of retaliation (Figure 1). Other reasons included connivance of the involved family, lack of interest by the professionals, lack of commitment by the professionals, cultural issues, fear of consequences for the victim and/or their family, lack of a relationship with the patients, omission, no quick resolution, lack of time for questioning and socioeconomic factors (Figure 1).

For possible ways to motivate the professionals' notification of child abuse cases, the most cited were courses, lectures, campaigns, and establishing clinical guidelines for managing suspected child abuse cases (Figure 2).

With regard to their interest in obtaining more information about child abuse, 97% of the dentists ( $n=142$ )

**Table 3.** Distribution of the number of children treated per week by dentists and OHTs and time since graduation of the professionals according to suspected maltreatment cases and notifications.

Number of children treated per week	Suspected child abuse % (n)		Notifications % (n)	
	Dentists	OHTs	Dentists	OHTs
1-10	27.03 (50) <sup>a</sup>	30.55 (11) <sup>a</sup>	10.61 (7) <sup>b</sup>	17.64 (3) <sup>a</sup>
11-20	36.23 (67) <sup>a</sup>	33.33 (12) <sup>a</sup>	43.94 (29) <sup>a</sup>	35.30 (6) <sup>a</sup>
> 20	36.74 (68) <sup>a</sup>	36.12 (13) <sup>a</sup>	45.45 (30) <sup>a</sup>	47.06 (8) <sup>a</sup>
Years since graduation	Suspected child abuse % (n)		Notifications % (n)	
	Dentists	OHTs	Dentists	OHTs
≤10	17.30 (32) <sup>a</sup>	14.29 (5) <sup>a</sup>	7.58 (5) <sup>a</sup>	—
11-20	18.38 (34) <sup>a</sup>	48.57 (17) <sup>a</sup>	18.18 (12) <sup>a</sup>	41.18 (7) <sup>a</sup>
> 20	64.32 (119) <sup>b</sup>	37.14 (13) <sup>a</sup>	74.24 (49) <sup>b</sup>	58.82 (10) <sup>a</sup>

Statistically significant differences are represented by different letters in the columns (Fisher exact test and  $\chi^2$  test,  $p < 0.05$ ).

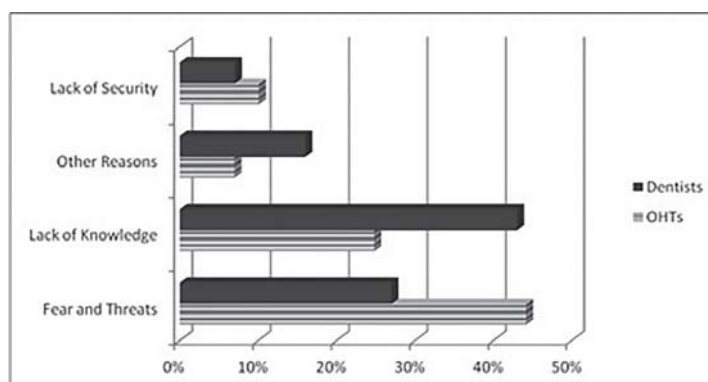


Fig. 1. Primary reasons reported by dentists and OHTs for not reporting abuse.

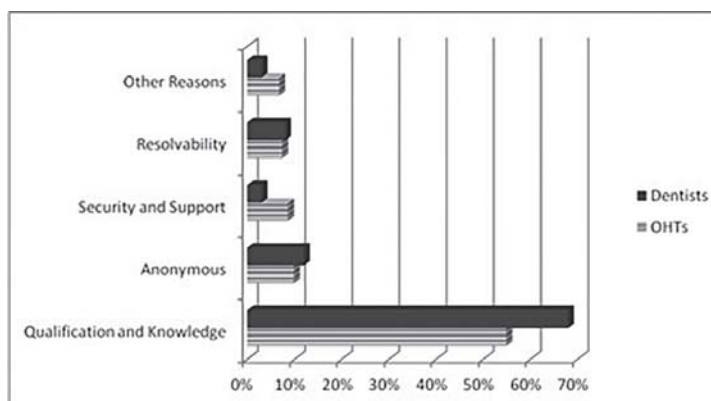


Fig. 2. Possible methods reported by dentists and OHTs for motivating professionals' notifications of child abuse.

and 93.51% of the OHTs ( $n=72$ ) reported they wished to have more information about the management of maltreatment cases and how to identify and report suspected cases, in addition to including the subject of maltreatment in their graduate studies.

## Discussion

The initial response rate was 38% for the dentists and 40% for the OHTs, which is reasonable for this type of study, considering that the professionals work with time constraints and a high patient demand. Similar rate was found by Lazenbatt and Freeman<sup>6</sup>, who evaluated health professionals in the United Kingdom.

The survey revealed a high prevalence of female dentists working at Basic Health Units in the city of Curitiba<sup>17</sup>. In other countries<sup>11,16,20,24</sup>, studies reported a prevalence of males worked in public health services.

The respondents were included in the present study regardless of their time since graduation, but most of the professionals who returned the questionnaire had more than 20 years since graduation, demonstrating that their interest in the subject of child abuse was independent of the time since graduation<sup>14,24</sup>.

With regard to working places, 69% of the respondents worked at public offices only, which was expected because

the sample was selected from public health services. Moreover, 31% of the dentists worked in private offices. These data are consistent with a previous Brazilian study, in which most professional respondents worked at public health services only<sup>14</sup>. The OHT group worked exclusively at public health services in public health dentistry teams. These professionals should be qualified to assist dentists to document suspected cases of child abuse and thus actively participate in the efforts against child maltreatment.

Most notifications of suspected cases were found by the dentist group that treated more than 11 children per week. However, this association was not found for the OHT group. This may be explained by the ability to recognize signs and symptoms of suspected cases and notify authorities. Although the professionals suspected cases of child abuse, there was under-reporting<sup>25</sup>. Unfortunately, this is in agreement with substantial data from other countries<sup>6,15,17,24,26</sup>.

Among the reasons why abuse was under-reported, the professionals frequently mentioned fear, threats of retaliation, uncertainty in the diagnosis, and lack of knowledge about how to report suspected cases. These reasons were also reported in several previous studies, demonstrating the difficulties that professionals have around the world<sup>8,20,22</sup>. Thus, the decision to report a suspected case depends on extant legislation, personal and professional factors and peculiarities of the case<sup>27</sup>.



In the present study, an important issue that the professionals mentioned is the need for anonymity after notification, which is warranted by Brazilian Guardianship Councils. Health professionals in Brazil have legal duty to report cases of suspected abuse against children and adolescents, based on the Brazilian Federal Constitution and its Statute of Children and Adolescents. Moreover, protection of children is obligatory for every citizen<sup>10</sup>.

Another important point is the definition of “notification” as described by the Brazilian Ministry of Health<sup>1</sup> “an instrument for ensuring legal and social protection of children and adolescents, allowing professionals from health, education, social assistance, as well as community councils and justice to take immediate action to stop the violence.”

Some political actions should be instituted to increase notifications by professionals, such as providing more information about child abuse, integration among multidisciplinary health professionals who work at public services, and senior health professionals providing support to health teams. Ideally, mutual support among professionals is required, including sharing the knowledge and opinions, and adopting guidelines for protective actions. These actions between colleagues and senior health professionals would make them feel safer to diagnose and report suspected cases of violence. The lack of information about child abuse was reported by Luna et al.<sup>28</sup> who found that 69% of the health professionals who work at Basic Health Units never received training on violence against children and adolescents. Training of dental staff should be routine and thus increase the ability to recognize the signs and symptoms of abuse and provide security for reporting suspected cases.

Previous studies that were conducted in several countries reported dentists’ difficulties to diagnose, document, and report suspected abuse cases to authorities<sup>6,12-13,17,20,24,29</sup>. Although notifications were higher in the present study compared with Russell et al.<sup>22</sup>, Brazilian professionals should be trained to improve their ability to recognize the signs and symptoms of child abuse and increase their confidence in reporting suspected cases of child abuse to authorities.

With regard to the respondents’ interest in detecting physical child abuse, the dentists reported a higher interest compared with Russell et al.<sup>22</sup>, who found that some dentists did not perceive the relevance of child abuse cases and saw it as a cumbersome obligation. More than 50% of cases of physical child abuse involve the head, face, neck and mouth, which are easily visible to dentists and OHTs. Therefore, these professionals are sometimes the first to attend to such victims.

Information about child abuse is needed to modify the actions of health professionals when faced with child abuse cases and increase notifications of suspected cases. Integral and multidisciplinary actions are needed to face this serious global problem<sup>29</sup>.

It may be concluded that fear and lack of knowledge about diagnosing violence against children and adolescents and reporting such cases are barriers to recognizing and

reporting suspected cases, thus resulting in under-reporting. Public health dentistry teams showed interest in learning more about and reporting child abuse, thus indicating the importance of establishing political actions to educate and support these teams.

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